

5K Race Liability Waiver and Release

Event Name: 5K for All: From Babies to Grandparents

Event Date: September 7, 2025

Location: Fox River Marina, Port Barrington IL

WAIVER AND RELEASE OF LIABILITY

By registering myself or my child to participate in the 5K for All, I acknowledge, appreciate, and agree that:

1. **Assumption of Risk:** I understand that running a race is a potentially hazardous activity. I certify that I am medically able, in good health, and properly trained to participate in this event. I assume all risks associated with running in this event, including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, all such risks being known and appreciated by me.
2. **Release of Liability:** I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release, indemnify, and hold harmless TOTS Therapeutic Child Care Center, Lake County Forest Preserve, the city of Port Barrington, event sponsors, volunteers, officials, and all other persons or entities associated with the event (collectively, the "Released Parties"), from any and all liability for injury, disability, death, or loss or damage to person or property, whether arising from negligence or otherwise, to the fullest extent permitted by law.
3. **Medical Treatment:** I authorize the Released Parties to provide or seek medical treatment for me, if necessary, and I agree to be responsible for any and all costs related to such medical care.
4. **Photography and Media Release:** I grant permission to the Released Parties to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose without compensation.
5. **Minors:** If the participant is under 18, a parent or legal guardian agrees to all the above statements on behalf of the minor.